

## Walcha Council Community Care

#### **Medical Drives**

#### \$15.00 local

\$30.00 to Tamworth or Armidale

Our volunteer drivers are available to take you to medical appointments when it is required. It is imperative that you book as early as possible.

Due to the limited number of drivers you may share the service with another person/s. If you wish to shop as well as go to a medical appointment there is an additional charge of \$15.00 and you need to notify us of your intention when booking.

Our drivers are very busy and also volunteering their time so a limit of I hour additional shopping is made to ensure that everyone has access to the service when they need it. If you do wish for longer time there will be an additional fee of \$15.00 and we cannot guarantee this option will always be available.

## **Bus Trips**

The community bus travels to Armidale every Thursday. It departs Walcha by 9am and arrives back in Walcha at 3pm. The cost is \$20 return.

Community Bus trips to Tamworth, departing Walcha by 9am and returning to Walcha 3pm. The cost is \$25.00 return. The date for the Tamworth trips will be advertised in our monthly newsletter as days may vary.

All bus trips will begin at your home for pick up and can take you to your appointment at the destination if required. Otherwise there is a set drop off and pick up point that will be identified to you upon arrival.



# Walcha Council Community Care Menu of Services 2024

The beginning of the new financial year has seen some price increases in the program. While we do our best to keep costs as low as possible, the current pattern of inflation has required a slight increase so that we can continue to operate. We are doing everything we can to keep these increases to a minimum.

While we do try to assist our clients in every way we can, we are limited by our number of staff as well as our budget. To avoid any misunderstandings, we have put together this detailed list of our services to show what we can provide. We are very happy to help you in your application to My Aged Care and can explain the process to you at any time. A MAC number is a requirement to access our program.

Also, please note that we will no longer be able to take additional numbers if they have not booked in. A phone call or a message are all that we require to ensure your seat. We cannot book a bus based on an estimate of who will turn up.

Our office hours are 9am-5pm Monday to Friday.

There will be some occasions we will be unable to answer the phone due to being on excursions. Please leave a message and we will get back to you within 24 hours.

- The team at Walcha Council Community Care

**Phone Numbers for** 

Walcha Council Community Care

Office

6774 2471

Jess

0428 774 470

Additional Numbers

My Aged Care 1800 200 422



options.

## Walcha Council Community Care

## Morning Tea- Men's and Women's Groups \$8.00

All morning teas are held from 10am-11:30am at the centre.

Transport is available for pick up and drop off.

Booking in is essential as it informs our catering. If we don't know how many are coming, we can't ensure we have enough food for everyone so please book.

Morning tea includes unlimited tea and coffee and a variety of sweet and savoury

There is also a lucky door raffle that includes two prize winners.

#### **Excursions**

Price will vary based on the outing.

Every month we endeavour to have a Women's Group excursion, a Men's Group excursion, a Wanderer's Group excursion and a Mixed Group excursion. These excursions are designed to be an opportunity to explore the New England region and to give us an opportunity to stretch our legs. The Wanderer's excursions are for our First Nations members. We do attempt to ensure that the excursions are appropriate for people of all abilities and have the equipment required to assist anyone that may need it, including walkers and a wheelchair.

Pick up and drop off to and from your home is available and bookings for excursions are mandatory.

When there are over 10 people attending we book a larger bus. These are 25 seat buses and we do work to fill all of the seats to make sure that it is financially viable to go so please be mindful that it could be a smaller, full bus and we may be travelling for a number of hours.

## Friday Takeaway \$15.00

Friday takeaway is held at McHattan Park during the warmer months unless the weather is too poor. When we can't go to the park we either hold it at the centre or meet at one of the local venues. Transport to and from is available for both.

#### Walcha Council Community Care

Services 2024



## Bingo

Bingo is held at the WCCC centre every second Saturday from 12:30pm. The Bingo is run by Joy Hayes and is a community group that she has developed. All of the WCCC clients are welcome to attend and can book in through us or turn up on the day. The dates of the sessions will continue to be listed in our monthly newsletter.

## Art Group

\$8.00

Our art program is run by Sue Jackson who has a degree in Fine Arts. The program is held in the centre on the first and third Tuesday of the month. The sessions go from 9:30am— I 2pm and include instruction on art techniques as well as time to work on independent projects. Morning tea is also provided.

## Individual Social Support

\$15.00/hr

Individual Social Support is designed to be flexible to fit your needs. It can take many forms and we will happily work with you to ensure you have the support you need to do everything you can as independently as possible.

Some examples of Individual Social Support are:

- Assistance with grocery shopping
- Support with learning to use technology
- Welfare checks
- Assistance with paperwork/ documentation
- I:I catch up (cup of tea and a chat)
- Provide venue for online funeral services with support
- Accompanied outings of your choice.

Please call us if you have a support option that you require and we will do our best to meet your needs.

#### Meals on Wheels

We can assist you with nutrition by delivering frozen meals to your house on your chosen day Monday to Friday. There is a wide choice of options with small meals \$4.50 large meals \$9, desserts \$2.50, soups \$2, pies \$4.50 and sausage rolls \$4.50.